



S·U·N·S·T·O·N·E
COUNSELING

Now What?

Therapy Group for 20/30 yr olds



Young adulthood is filled with joys, struggles, and transitions and, at times, unrealistic expectations. In this group, young men and women will have the opportunity for support, inspiration and new perspectives as they navigate through this stage.

The first group will be held on Wednesday, January 7th at 6:30pm

Who: For 20/30yr olds (men and women)

What: A process group for young adults

When: Every Wednesday for 12 weeks (with opportunity to be ongoing)

Where: Sunstone Counseling in the City of Falls Church, VA

Why: For young adults to get direction and support in their lives

Contact: Aneliz Sipe, LPC or Anna Bailey, LPC with any further questions:

Aneliz Sipe: 703-534-5100 ext. 254 or aneliz@sunstonecounselors.com

Anna Bailey: 703-534-5100 ext. 250 or anna@sunstonecounselors.com

Rate: \$75 per session

124 D E. Broad Street | Falls Church, VA 22046 | p 703.534.5100 | www.sunstonecounselors.com